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PRESIDENT'S MESSAGE



REACH Community Services Society (RCSS) was set up 11 years ago to serve the community.

In the last decade, the slate of services and manner of programme delivery offered by REACH may have evolved with changing social trends yet the vision of the Society, "Touching Hearts, Reaching Lives" remains unchanged. Her mission is steadfast: to provide relevant professional services to the needy and hurting so as to enhance lives of individuals and families and to fully maximize resources provided by various stake holders. These include the Ministry of Community, Youths and Sports (MCYS), the National Council of Social Service, Community Chest of Singapore, Singapore Totalisator Board and Grace Assembly Of God (Grace AG).

The global economic slowdown of 2008/9 has impacted Singapore families. As a fitting response, RCSS partnered with Grace AG to continue the bursary programme to help the most affected families in Bishan, Tanglin and Bukit Batok. In mobilizing volunteers from both Grace AG and RCSS on the programme, we have established a strong framework for future collaboration. A larger-scale bursary programme is being planned for the year 2010.

In November 2009, RCSS celebrated her 10 years of service to the community. It was a tremendously satisfying experience to recount REACH's 10 years of growth and see her efforts bear fruits. REACH has fulfilled her mandate of helping people to transit from anxiety to hope.

Moving forward, RCSS will continue to align and strengthen her organizational and financial structures to better focus on meeting community needs. This is in keeping with the revised MCYS funding model for Family Service Centres. REACH Counselling, a new initiative in 2009 will focus on developing competence and specialized expertise in family and marital work.

The Management and staff of RCSS are proud to share REACH's highlights and achievements for 2009 in this annual report. We also welcome your visits to our websites and our centre. We look forward to interacting with you on how we may collaborate in this exciting venture.

We want to thank God for providing us the opportunity and the means to serve the community. We see this as our calling as well as our privilege. We also want to take this opportunity to thank our many donors, supporters, community partners and volunteers for their generous support, dedicated service and well wishes in words and deeds.

I look ahead with excitement, to what RCSS can do for the community in 2010.



Ho Siew Cheong
President
REACH Community Services Society



EXECUTIVE DIRECTOR'S MESSAGE



'REACH @ 10th' marked our theme and celebration through 2009. For me 2009 has special significance as I joined REACH FSC as the senior social worker 10 years ago. REACH @ 10th celebration is both a corporate and personal event for me.

As we commemorated REACH @ 10th, I am grateful for the strong and stable leadership of the Management Committee led by Mr Ho Siew Cheong, President of REACH Community Services Society. Since 1999, the Management Committee maintains a compassionate mission of "Touching Hearts, Reaching Lives". Today, I am proud that the Society has touched more than 10,000 lives through REACH Family Service Centre.

While we celebrate our success, we are also challenged to ponder and reflect on what we can do differently to reach more lives. After much strategic brainstorming and planning, we decided that in order for REACH to undertake new challenges, we need to expand the current staff team. I am glad to introduce Mr Terence Yow, (Centre Director, REACH FSC) who now leads the FSC team to scale new heights in Bishan, Shunfu and Sin Ming. I like to welcome on board two other colleagues, Ms Chan Wai Yee (Business & Administrative Manager) and Mrs Chang-Goh Song Eng (Head, REACH Counselling).

I am pleased to report that in February 2009, the Society embarked on a new service, REACH Counselling to reach more lives beyond Bishan. REACH Counselling, currently housed with REACH FSC at Bishan, is headed by Mrs Chang-Goh Song Eng. It aims to provide counselling and programmes targetted to address specific concerns such as marital and family distress, divorce, marital infidelity and marriage-related issues. The Society hopes that REACH Counselling will grow to be a counselling centre that specializes in the areas of family and marital counselling, training and research for marital work. To kick start this, REACH Counselling will organize a 3-day clinical training for professionals who work with clients experiencing marital infidelity in October 2010. The trainer will be Ms Emily Brown, the Director of Key Bridge Therapy & Mediation Center in Arlington, Virginia.

In celebration of our 10th anniversary, REACH has launched her first publication, *More Than A Chat*, a collection of ten real life accounts of lives empowered through counselling at REACH FSC. I like to thank these ten clients for their support and gracious consent towards this publication. We are delighted to share *More Than A Chat* with our donors, partners and friends of REACH as tokens of our appreciation for their continuous support in the past 10 years.

Finally, I like to thank all the staff for being with REACH to seek, to serve and to love the hurting and needy among us.



Ng Ai Ling
Executive Director
REACH Community Services Society



REACH COMMUNITY SERVICES SOCIETY

MANAGEMENT COMMITTEE

President	Mr Ho Siew Cheong
Vice-President	Mr Lim Han Seng, Andrew
Honorary Secretary	Ms Teng Wan Chin, Ivy
Honorary Treasurer	Mr Chung Beng Kwong, Clement
Committee Members	Ms Khoo Seok Lin Mr Sin Lye Kuen Mr Tay Teng Pong Mr Teo Tze Wei
Co-opt Members	Ms Cham Lee Fin Ms Low Shien Ning, Sandy Mr Boey Chong Kin, Frank Mr Koh See Heong

STAFF TEAM AT REACH



Left to Right:
Back Row - Joe Chan, Angeline Jayanthi,
Grace Lim, Joanne Fu, Terence Yow
Front Row - Jaslyn Tan, Serene Tan, Lee Yoke Mey,
Mok Sin Lai, Tay Lay Tshin

Left to Right : Ng Ai Ling, Chang-Goh Song Eng, Chan Wai Yee



REACH COUNSELLING: A NEW BEGINNING

Why REACH Counselling?

Statistics from 10 years of REACH FSC's case records pointed clearly to a pattern of marital issues as a key concern of the Bishan community. One year of data serving the community outside Bishan reveals a similar pattern of marital issues as a key concern faced by the Singapore society.

As we reviewed our past case records, some common presenting issues presented by clients during counselling are marital conflicts, family disputes, separation, divorce and extra-marital affairs. There seems an emerging trend of young couples (couples in the first three years of marriage) and mature couples (couples who have been married more than 20 years) contemplating or undergoing divorce.

The idea of REACH Counselling was birthed to work with clients facing these difficult situations.

What is REACH Counselling?

REACH Counselling is the new professional counselling service, set up by RCSS in 2009. While the community at Bishan is served by REACH FSC, REACH Counselling offers counselling for individuals, couples and families beyond Bishan. It is currently housed with REACH FSC at Bishan. RCSS has set a future direction to develop REACH Counselling into a counselling centre that will specialize in family and marital work.

Highlights for 2009

Intake and Counselling

A total of 48 intake enquiries were attended to in 2009. 67% of the 48 enquiries were followed up face to face – registering as one-time consultation (17%) or longer term counselling cases (50%).

Almost 46% of intake enquiries were referred via Grace Assembly of God, either directly through the pastors, church contacts or indirectly through the publicity drive conducted in church. Personal contact, at 33%, forms the second largest referral source.

Marital/ divorce problems accounted for 50% of the referral problem. 44% of these troubled relationships presented with marital infidelity as well.

Events & Workshops

Date	Topic	Participants	Speaker
29 May	Fireproof movie (Grace Assembly of God)	1,500	—
20 Sept	May I walk you home? (Mt Hermon BP church)	12	Chang-Goh Song Eng
26 Sept	Marriage: a walkover or a makeover?	10	Mr and Mrs Jason Tan
7 Nov	Marriage: apart or a part?	7	Chang-Goh Song Eng

Looking ahead

Personally, 2009 has been an exciting and unnerving time as I embarked on a new beginning at REACH Counselling. It is my hope that in the years ahead, REACH Counselling will have a team of staff counsellors, qualified volunteer associate counsellors and mentors to offer family/ marital counselling and marriage mentoring, as well as conducting professional training and doing research on marital and family work.

Chang-Goh Song Eng
Head
REACH Counselling



REACH FAMILY SERVICE CENTRE: 10 AND BEYOND

I am excited as I returned to work in community-based Family Service Centres, having been in medical social work in the last six years. One area which particularly excites me is the proposed change recommended by the Family Service Centre (FSC) Review Committee on 23 January 2009 for FSC to strengthen its Enhanced Information & Referral (I&R) and Casework & Counselling (C&C) services, and to be more in touch with the needs of the community.

Hence, one key focus in 2009 for the FSC was to increase our community outreach effort to reach the needy within our service boundary, in particular among the families at Sin Ming. We conducted a needs assessment and two pilot projects for the needy families residing at Sin Ming. We continue to work closely with community partners - schools, police and grassroots leaders so that we can more relevantly serve the community. These efforts created a greater awareness of REACH FSC as a source of help for families in need, including those caught in crisis.

Since stepping up our community outreach efforts, the FSC has seen a significant increase in the caseload for I&R and C&C services. Professional staff training and supervision was also enhanced so as to ensure that quality intervention and services are provided to families seeking help at the FSC. For instance, REACH FSC supported the Senior Social Worker, Ms Grace Lim, to pursue the Master Of Science in Family & Systemic Psychotherapy.

In the midst of change and increasing caseload, I thank my dedicated staff who had been faithful in delivering the remaining programmes such as Marriage Preparation Workshop, Parenting Pre-teens Programme, Joule Mentoring and STEP UP.

In conjunction with our 10th anniversary, RCSS had published a book "More Than A Chat" to document 10 stories of our clients who had found help and solace from the C&C service in times of pain and trial. We are glad to present 2,000 copies of More Than A Chat to our donors, supporters, social service practitioners, clients and friends of REACH as gifts of appreciation for their past faithful support.

As a FSC, we will continually stay in touch and relevant to the needs and issues in the community, so that we can better reach out and meet the needs of the clients we are called to serve. I look forward to bringing REACH FSC to greater excellence in service delivery in the years ahead.

Terence Yow
Centre Director
REACH Family Service Centre



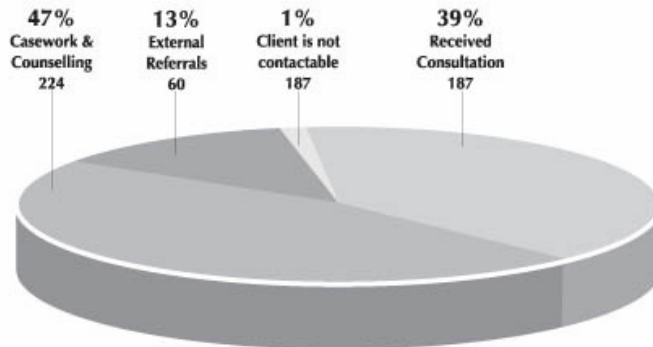
ENHANCED INFORMATION & REFERRAL SERVICE



REACH FSC provided enhanced information and referral service to 1,083 callers and walk-in clients in 2009. This is a 219% rise in the callers compared to 2008. This is due to an increased awareness of REACH FSC services through our community outreach and networking initiatives in the year.

Among the information and referral provided, 477 required professional follow-up. Of this, 47% received casework and counselling service from our social workers and counsellors while 39% received consultation on their enquiry. Another 13% were referred to other social service agencies for assistance and 1% was not contactable.

Outcome of Enhanced Information and Referral



CASEWORK & COUNSELLING SERVICE

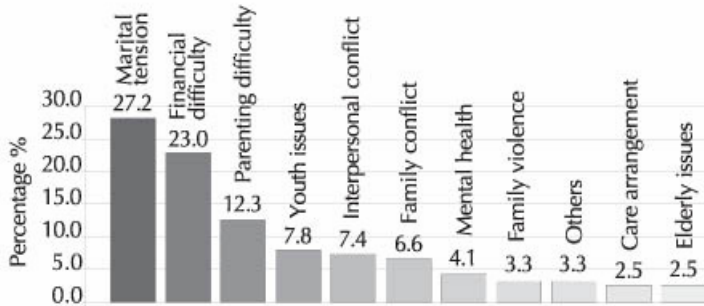


Casework & counseling service were extended to individuals and families to assist them with their social, emotional, financial and relational issues. There is a 51% increase in the number of new cases compared to the previous year. This is also a result of the various publicity and outreach efforts our FSC had embarked on. With a higher caseload brought over from the previous year as well as the increase in the number of new cases, the total number of cases handled in 2009 increased by 34%.

	2009	2008
Number of active cases in Jan:	143	127
Number of new/re-opened cases:	243	161
Number of closed cases:	170	145
Number of active cases at Dec:	216	143
Total number of cases handled:	386	288

Presenting problems of new cases in 2009

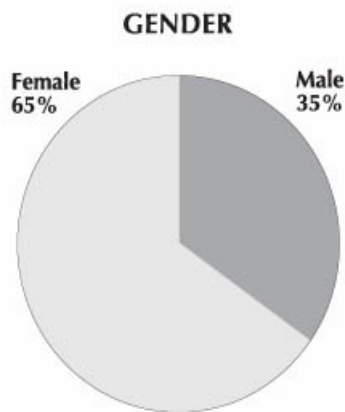
Below is a bar chart (in percentage value) of the various presenting problems handled by the FSC.



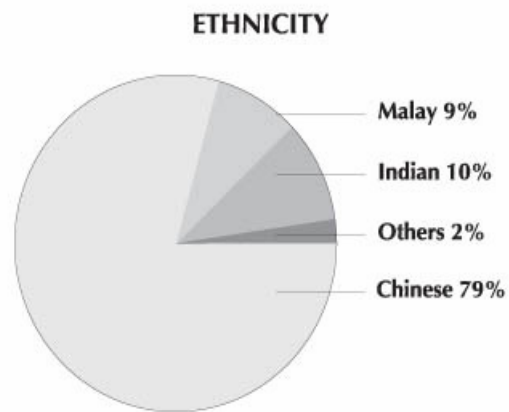
The most common presenting problem is marital tension (27.2%), followed by financial difficulty (23%) and parenting difficulty (12.3%). We saw an increase of financial difficulty as a presenting problem from 13% in 2008 to 23% in 2009. However, a larger portion of our clients' presenting issues remained as relational issues such as marital tension, parenting difficulty, youth issues, family conflict and family violence. These five presenting issues form 57.2% of our cases.

Profile of new cases in 2009

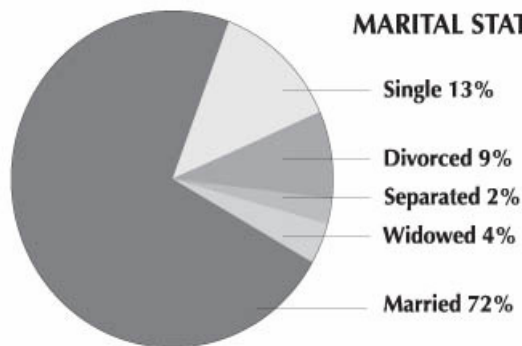
Below are the pie charts of our clients' profile:



Among our clients, more females (65%) initiated help seeking from our casework and counselling service. However, in the process, their spouse or other family members are often engaged. Men who sought help from our casework and counselling service increased from 28% in 2008 to 35% in 2009.



Among our clients, 79% are Chinese, followed by 10% of Indians and 9% of Malays.



Most of our clients are married (72%). 13% are single and 15% are divorced, separated or widowed.



Case closure outcome in 2009

Out of the 170 closed cases, most cases (81%) were closed satisfactorily with achievement of goals. Another 4% were able to cope on their own with the help rendered.

CASE CLOSURE OUTCOME



Clients' feedback

81% of client indicated that they are satisfied with the casework and counseling service received. These are some of the clients' feedback about their casework and counselling experience with REACH FSC:

"REACH has provided me with an outlet to release my pain through speaking to someone. A listening ear during my marital woes and crisis helped me cope better. Talking through also gave me clarity."

"The counsellor's ability to connect with and draw out my daughter has made a big difference. The counselor has been very patient and accepting."

"The counsellor was able to provide me with valuable insights with the issues that I am currently facing. I appreciate her perceptive and empathic mind."

"The counsellor was really patient and showed genuine interest in what I was saying. The process of exploring my issues with me brought me a lot of insight and awareness."

"This is my first experience seeking counselling. It has helped me to identify areas to improve my relationship with my wife."



The School Pocket Money Fund

The FSC continued to administer the Straits Times School Pocket Money Fund to students of low income families to support them in their schooling expenses. For 2009, a total of \$24,180 was given to 29 primary school and 29 secondary school students.

The assistance had provided tangible relief to low income families and their children; and had created an avenue for us to engage and work with these families on other issues they are experiencing.

Family Violence Mandatory Counselling Programme

The Family Violence Mandatory Counselling Order is served by MCYS and the Family Court to help married couples facing family violence in their relationship. Most of the perpetrators were men, who had difficulty managing their anger. In 2009, we handled a total of 30 mandatory cases of which eight are newly referred in the year. The main objective is to help clients stop the violence and find alternative ways to cope with their anger. Beyond the primary goal of reducing violence, we also provide counselling to married couples who would like to deal with their marital conflicts and other underlying issues.



COMMUNITY OUTREACH AND NETWORKING

In an effort to publicize our services and be more in-tune with the needs of the community, we increased our outreach and networking efforts within our service boundary. In 2009, REACH FSC was involved in 74 networking meetings with grassroots' leaders, schools, police, CDC and other service partners to enhance inter-agency collaboration. Among which, we hosted two networking meetings with grassroots' leaders and VWOs within Central Singapore region in our FSC.

Beside strengthening the inter-agency network, REACH FSC also conducted a needs assessment project in June 2009. The project was conducted in Sin Ming and Shun Fu by three social workers and 30 volunteers. A total of 250 surveys were completed, out of which 145 were from Sin Ming and 95 from Shun Fu. Through this project, we publicized our FSC services and the ComCare Helpline.

REACH FSC was involved in other outreach events where we distributed our FSC publicity materials. We want to thank Bishan East Community Club for displaying our FSC posters on their notice boards at the void deck around Bishan.

In 2009, REACH FSC conducted two pilot community projects in Sin Ming .

'D's Mentoring Project

This project aimed to train children from low income families in life skills such as goal setting, budgetting, decision-making and relationship building with family and friends. 14 children were mentored by 17 volunteers from March to May and August to October. Holiday activities, family outings and study support sessions were also organized as part of the project. We were glad to partner Sin Ming Ville Resident Committee and Thomson Community Centre to implement this project.



Life Transformer 2009 Project

This is a project that aimed to improve the home environment of some financial needy clients of REACH FSC residing in Sin Ming . This project was sponsored by Central Singapore CDC. During June to July, teachers and students from Bishan ITE refurbished 11 homes selected for this project.

Clients' feedback:

"I'm glad to have mattresses for my grandchildren to sleep on at night."

"Now I can watch TV during my free time."

"With the new vinyl flooring, it almost looks like parquet flooring!"

"With the washing machine now, it won't be so tiring washing clothes."



MARITAL PROGRAMME



MARRIAGE PREPARATION WORKSHOP

REACH FSC continued her all-time favourite four-session Marriage Preparation Workshop (MPW), among dating couples who are planning for their marriage. A total of 40 couples attended the MPW held in February, April, June and October 2009. An important feature – a couple premarital consultation session was introduced this year. This session provides space for each couple to deal with issues of concern with the social workers and counsellors after attending the MPW. Many of these couples found the sessions beneficial in preparing them mentally and emotionally for the changes and challenges in marriage.



Clients' feedback:

"We have learnt that marriage is about each other, not our own interests. We learn to appreciate each other's differences and strengths and how my partner & I can complement each other."



"We learnt how we can improve our communication with each other, such as having less emotion, more reasoning and cooperation. The workshop also highlighted potential problems that can occur in marriages."

"The workshop had taught us the importance of planning our finances, to spend within our means to avoid overspending and uncontrolled debts."



"The workshop provided a good understanding of married life and the challenges of staying married."



MARRIAGE ENRICHMENT WORKSHOP

Two marriage enrichment workshops were conducted to equip couples with skills to strengthen their marriage and increase marital satisfaction. 40 participants attended the 2 workshops.

Date	Topic	Participants	Speaker	Venue
11 Apr	Conflict Management	15	Dr Lee Heow Yong	REACH FSC
20 Jun	Understand & Loving Your Partner: MBTI & Love Languages	25	Ng Ai Ling	Herald Assembly of God

PARENTING PROGRAMME



PARENTING PRE-TEENS GROUPWORK

A Pre-Teens Groupwork attended by 10 participants was conducted on 7, 14, 21 & 28 March 2009. This 4-session group work held at REACH FSC was targeted at parents of children between 10 and 14 years of age. Experienced parent volunteers were also invited to share their successes and difficulties in parenting. Trained facilitators gave tips on their parenting journeys. Through this groupwork, parents learnt about setting healthy boundaries, better communication, child and teen developmental issues, how to broach the topic of sexuality and how differences in personality can affect parent-child relationship.

Clients' feedback

"I learnt how I can be more effective in my communication with my child"

"I benefitted from the openness of the parents in their sharing"

PARENTING TEENS WORKSHOPS

REACH FSC conducted two in-house workshops on youth culture in 2009 as many parents commented that they found it difficult to understand their children and like to learn how to enter the world of their teens and connect with them.

Date	Topic	Participants	Speaker	Venue
4 Apr	Youth Culture for Boys	23	Joe Chan	REACH FSC
18 Apr	Youth Culture for Girls	15	Joanne Fu	REACH FSC

These talks were specifically customized for parents with adolescent boys and girls to help parents have a better understanding of their teens' behaviors, culture and life choices. These talks were well received and parents felt that the workshop had helped them to have a glimpse of the inner world of their teens and connect with them more effectively.

Clients' feedback:

"An insight and exposure to day to day problems"

"I thank the speakers for the clear and honest sharing"



PARENTING PROGRAMME

LEARNING PARENTING SERIES

The parenting talks conducted by Mrs Ding-Khoo Seok Lin in 2009 on topics such as “How to Talk so our Child will Listen”, “Coaching our Child to be A Responsible Thinking Child” and “Major on the Majors” were very popular among the parents.

REACH FSC was also invited by several schools and external agencies to conduct workshops for their parents in their school. School such as Henry Park Primary School, National Junior College, Singapore Chinese Girls’ School, Paya Lebar Methodist Girls’ School benefitted from the workshop which equipped parents with skills and knowledge required to build bonds, communicate and to coach their children.

Date	Topic	Participants	Speaker	Venue
12 Jan	Personality Clash – Bridging the Parent-Child Gap	60	Ng Ai Ling	National Junior College
28 Feb	Major on the Majors	37	Ding-Khoo Seok Lin	One People.sg
22 May	How to Talk so your Child will listen	80	Ding-Khoo Seok Lin	Singapore Chinese Girls’ School
4 July	Youth Culture for Boys	23	Joe Chan	Child Guidance Clinic
15 Aug	Coaching your Child to be a Responsible Thinking Child	35	Ding-Khoo Seok Lin	One People.sg
3 Sept	Freedom vs. Responsibilities	15	Chang-Goh Song Eng	Henry Park Primary
9 Oct	Coaching Your child to be a responsible thinking child	103	Ding-Khoo Seok Lin	Paya Lebar Methodist Girls’ School

Clients’ feedback:

“Excellent speaker with potential, real life examples or people”

“Very experience, lively, enriching and educational”

“Good eye-opener, she is an excellent speaker and her personal anecdote made the session more real & interesting”



YOUTH PROGRAMME

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JOULE MENTORING CLUB

How do youths learn? At REACH FSC, we believe some youths caught more than they are taught. With this in mind Joule Mentoring Club organized a whole range of activities in 2009 to engage a total of 227 youths and volunteer mentors. These activities allow the staffs and volunteers to work deeper with the youths to help them learn and further discover their potential in life.

REACH Dragons Team

Dragonboating is a sport used by REACH FSC to engage youths to channel their time, energy and potential. REACH Dragons was formed to provide youths with opportunities to have a taste of the teamwork and demands of the sport. In 2009, REACH Dragon Team has a regular membership of 41 youths.

Through the year, the team participated in many local races of different distances. The team trained regularly every Saturday morning. Through the unique combination of the team of different ages and schools, the youths learnt to work with others and respect differences.



YOUTH PROGRAMME

Date	Race	Participants	Venue	Achievements
25, 26 Apr	PA Paddle Championship 2009	21	Bedok Reservoir	2nd placing in Novelty Category Finals
27, 28 Jun	Singapore Dragon Boat Festival 2009	20	Marina Barrage	
22 Aug	SDBA-AUTCHAM 10KM Challenge 2009	4	Marina Reservoir	
10,11 Oct	National 5-Crew Dragon Boat Challenge 2009	12	Jurong Lake	Entered into Novelty Category Finals
21, 22 Nov	27th Singapore River Regatta 2009	20	Singapore River	Entered into PA CSC Category Semi-finals



Clients' feedback:

"Through dragonboat I become fitter both physically and mentally. I saw the power of teamwork as we can literally fly when we work as one soul! Know many loving teammates, having meals together and team outings make me feel really bonded with them just like a big family!" Chan Huan Kai, 16

"After joining dragonboat, I feel that it's good for youths to join and gain experience rather than hanging out on the streets with gangsters." Heng Su Yuan, 15

"When I first started dragonboating, all I thought important was skills, strength and techniques. REACH has broadened my perspective that discipline and teamwork is equally important. Nonetheless, REACH has a pool of motivating people that pushes on. These qualities I've learnt are life-long skills that will enhance all other aspects of my life." Bryan Mao, 19

"He was first introduced to dragonboat as an outdoor activity with a purpose of greater exposure versus hanging out in the streets! He subsequently grew to like it as it helps to build his physical stature & was further motivated when he participated in competitions. Through the one year I must stress that he has learnt to be more focus & discipline and also understood the importance of team work & team contribution." Mdm Gan (a youths' parent)

YOUTH PROGRAMME

Badminton Outreach

In 2009, REACH FSC explored the use of badminton as an in-house program to engage youths and create a fun and conducive learning platform for character building. The use of badminton courts were kindly sponsored by Bishan East CC.

Ten sessions of the badminton outreach were conducted for 25 youth participants, where youths learnt self-esteem, goal setting and discipline to achieve desired goals. In addition, four intensive sessions of academic support programmes were conducted to motivate and help these students in their studies. We engaged the help of a volunteer, Mr Wong Lye Hoong, to train the youths in badminton skills. Four badminton teams participated in ROMPI09, a nationwide sports carnival. An internal badminton tournament was also organized, with prizes sponsored by MB Sports Trading Company.

Clients' feedback:

"I learnt that you need to try more, then will you improve"

*"I learnt about goal setting,
focus and not to give up so easily"*

*"I learnt about courage and that
nothing is impossible"*



YOUTH PROGRAMME



Healthy Lifestyle Cycling "Smoking Ain't Cool"

On 3rd June 2009, REACH FSC organized a cycling event with Geylang West T-Net Club for youths at East Coast Park. The event was funded by Health Promotion Board.

The event aims to promote physical wellness among the youths, inculcate values of teamwork, healthy coping strategies with stress and foster friendships among peers

The message of "Smoking Ain't Cool" was reinforced through the various station games to encourage youths to stay active and healthy through sports and recreation. 60 youths and 10 volunteers participated in this event, organized after an amazing race style, where youths cycled in groups to different stations to complete various tasks. It was certainly a test of endurance, wit and speed!



Ablaze Adventure Camp

Torched by a passion to ignite the potential in youths-at-risk, REACH FSC collaborated with Republic Polytechnic to organize Ablaze Camp, a 5 Day Adventure Camp on 19, 20 November and from 24 to 26 November 2009, for 20 youths-at-risk.

Day 1: Ablaze the potential in YOUth

The first day of the camp was centered on exploring one's individuality. The youths braved through abseiling and rock climbing and learnt about how they can overcome their fears. The youths also gained awareness on their strengths and weaknesses. They also enjoyed a session of tie-dye where they dyed shirts into a unique myriad of colors as an expression of their own unique individuality.



Day 2: A bundle of wood withstands the strongest wind.

The second day probed the youths to venture from self awareness to team work. A memorable experience was having to go through a pitch-dark man-made tunnel with a light stick as their only source of light. With patient leadership, clear instructions, encouragement from one another, the team crawled their way to a satisfying finish. At sunset, the youths were blindfolded and tasked to carry a cold water bomb on their bodies. After experiencing darkness and coldness, the youths welcomed the warmth and light of the blazing camp fire when they removed their blindfolds. The social worker highlighted to the youths, that they like the campfire have potential if they put it to use in practical ways. The youths had a

YOUTH PROGRAMME

heart warming moment of identifying each other's potential and sharing how they can utilize their potential in practical ways. The eventful day ended with guitar strumming, singing and waving of colored light sticks in the tapestry of newly formed friendship.

Day 3 to 5: The higher the temperature, the stronger is the light from the fire
The last phase of camp pushed the youths out of their comfort zone to a 3Day 2 Night expedition in Pulau Ubin, where youths engaged in land trekking and kayaking. Through the activities, the youths learnt teamwork, accountability and consequences of their choices.

The experience was neither physically nor mentally comfortable. There were times of growling stomachs, aching muscles, sun burns, mosquito bites, and rock hard sleeping areas. However, it was through the physical and mental moulding, that resilience and character of the youths was forged. Through the furnace, the ore became gold!



YOUTH PROGRAMME

Clients' feedback:

"Regardless of what position you are in, just do your best" 14 year-old youth

*"I learnt that we have to overcome our fears"
14 year-old youth who had a fear of darkness.*

"I learnt how to face the consequences" 12 year-old youth.

"I learnt how to utilize my ability to the fullest" 14 year-old youth.



Footprints Expedition 2009: "Empowering Lives through Empowered Lives"

A team of 26 youths led by two staff headed off to Cambodia, Phnom Penh for REACH FSC's Annual Footprints Expedition from 12 to 21 December 2009. The expedition was fully planned and executed by the youths with guidance and supervision from the staff. The team set off with 1 vision in mind, to "See, Speak and Serve in love", both locally and overseas. The team designed a 2010 calendar to raise funds and to create awareness of the expedition. \$13,360 was successfully raised from the sale of calendars and donations received.

In the expedition, three humanitarian projects were completed at Koh Kor Island, Bykota House and Stung Meanchey Dump. Four days were spent at the Koh Kor Island project to build a hut for the villagers and to paint a mural of the world map on a classroom wall. The team also taught the children simple English and Math through charts, puppet show and children's games and songs. Clothes, books and stationeries were also distributed to the children.



YOUTH PROGRAMME

At the Bykota House, the team painted an orphanage and helped the children with their studies. The team also brought the children to Russian Market for Christmas shopping and helped them with gift-wrapping and making of Christmas cards. This added much joy to the children during this festive season.



At Stung Meanchey Dump, the team distributed bread and Vitamin C drinks to the children. Clothes, books and stationeries were also given to them. The team taught the children English through charts and singing of children's songs. Tents and foodstuff were also distributed to families.



The humanitarian project had not only impacted the lives of the needy people in Cambodia but had certainly left deep and memorable footprints in the lives of the youth participants.

Clients' feedback

"Learn to be more tolerant and forgiving towards my family and friends."

"To look at life more positively."

"Treasure what I have now and don't waste things."

"Be more willing to bless, give my all and people will be impacted."

"I should not take very simple things around me for granted."



STEP UP PROGRAMME

STEP UP: Zhong Hua Secondary School

This is the fourth year REACH FSC is providing STEP UP programme in Zhong Hua Secondary School. We conducted 11 sessions for 39 students between February to August 2009. A series of indoor and outdoor activities, to teach life skills and inculcate values, were conducted with the students. However, due to H1N1, we had to shorten and reschedule some sessions. The programme ended with a 2-day camp at REACH FSC, where the students learnt about being positive and encouraging to people around them.



Clients' feedback:

"The trainers are very positive and nice. I've learnt a lot, through the dragonboating activity." 14 year-old student

"I learnt how to make friends, understanding each other and the importance of team work." 14 year-old student



STEP UP: Presbyterian High School

REACH FSC conducted one run of STEP UP programme for a class of Secondary 2 Normal Academic students in March to April 2009. In the STEP UP programme, we conducted 2 indoor group work sessions focusing on lifeskill and dragonboat sessions. Through the sessions, the students had the opportunity to reflect and think about their own uniqueness and individuality.

Many participants were very keen in the dragonboat sessions as they not only learnt the technical aspects of the sport but they also took part in team building activities while in their boats! These activities challenged their team spirit, mental strength and creativity.

Clients' feedback:

"I learnt to overcome my fears of water." 14 year-old student

"Not to give up, work for goal, stay cheerful even when something bad happen." 14 year-old student

"Set a goal and steer towards it." 14 year-old student

STEP UP PROGRAMME

STEP UP: Peirce Secondary School

We conducted 13 sessions of STEP UP programme for 23 students in Peirce Secondary School. The sessions were conducted through many high energy experiential indoor and outdoor activities. We conducted group work activities in classroom which targetted at teaching life skills and values, such as goal setting, determination, discipline and team work.

These values and life skills were further reinforced through activities like dragonboat. We also arranged a visit to The Hiding Place, where the students learnt about the consequences of drugs and gangs. The students also participated in community service by packing food rations hampers and delivering them to the FSC's financially needy clients. The students were given the opportunity to interact and become more aware of the less fortunate people around them.

Clients' feedback

"I learnt to be responsible for my own actions." 15 year-old student

"I enjoyed helping and giving to the less fortunate." 14 year-old student



STEP UP PROGRAMME

STEP UP: Unity Secondary School

REACH FSC provided STEP-UP programme for two classes of Secondary 2 Normal Academic classes in Unity Secondary School. The students chosen for the programme were described as having poor motivation for their studies, lacking parental supervision and exhibiting discipline issues in class.



We conducted a 7-session programme consisting of indoor groupwork and experiential outdoor activities such as dragonboat, archery, canopy challenge walk and visits to drug rehabilitation centres for the students. The theme of “Be Somebody” was adopted to encourage and inspire students to discover and realize their potential in their identities. The theme was emphasized and reinforced through topics relating to sessions of self-identity, choices, goal setting and team work.

Some highlight of the programme was visit to a drug rehabilitation centre, where students learnt about drug abuse and met ex-drug abusers. Many students also cited that they liked the dragonboat and canopy challenge walk, which put the students’ perseverance and courage to the test.



The highlight of the indoor session was the sharing by two volunteers who overcame various obstacles to reach their goals.

Clients’ feedback:

“Never give up, work hard towards your dream and achieve what you want.” 14 year-old student

“I like the games that I played and the videos I watched.” 14 year-old student

“Be somebody and never give up in life.” 14 year-old student



VOLUNTEERS' APPRECIATION

"REACH STAR AWARDS" 10th Anniversary Celebration and Volunteers Appreciation Tea 2009

In conjunction with RCSS and REACH FSC 10th anniversary celebration, a high tea themed "REACH STAR AWARDS" was organised at Hilton Hotel on 14 Nov 2009. The aim was to appreciate the volunteers and donors for their support and being a "Star" in making a difference in the life of others.



The event was attended by 83 volunteers. They enjoyed themselves as they played games such as Star Search and Singapore's Next Top Model and danced to popular tunes. As the highlight of the event we gave out 26 awards to appreciate volunteers who had journeyed with us for 3 years and more.



It was a heartwarming moment when we recognized Mr Ho Siew Cheong and Mr Tay Teng Pong for having faithfully journeyed with us for the last 10 years and Rev. Dr David Lim (Senior Pastor, Grace Assembly of God) for the continuous support rendered by GRACE Assembly of God.

The event ended on a memorable high note where we had our guests participate in a mass dance "Reach for the stars".



STAFF DEVELOPMENT

Workshop / Seminar / Courses	Date	Duration	Staff
Train the Trainers Workshop	Jan & Mar	2 days	Lee Yoke Mey Joanne Fu
An Affair Too Many	Feb	3 days	Mok Sin Lai
Counsellor High Tea-Family Violence in Islam	Feb	half day	Lee Yoke Mey
Understanding Youth Sexuality Issues	Mar	3 hrs	Jaslyn Tan Joanne Fu Serene Tan
Strengthening Social Service Response to the Economic Downturn	Mar	7 hrs	Jaslyn Tan Joanne Fu Serene Tan
Clinical Supervision by Family Works Pte Ltd	Apr - Dec	30 hrs	All Professional Staff
Engaging Youths Through Their Culture Workshop	Apr	2 days	Serene tan
Working with Youths: Introduction	May	5 days	Jaslyn Tan
Understanding Youth Smoking Issues 2009	May	1 day	Jaslyn Tan Joanne Fu
Delivering Impactful Training to Youths	Jul	3 days	Joanne Fu
Journey to Intimacy Facilitator Training	Jul	2 days	Lee Yoke Mey Mok Sin Lai
Harnessing the Power of Programme Logic & Evaluation	Aug	half day	Ng Ai Ling Chan Wai Yee
Effective Public Speaking & Presentation Skills	Jul - Aug	15 hrs	Joanne Fu
Making Sense of Fund-Raising	Sept	1 day	Tay Teng Pong Ten Tze Wei Chan Wai Yee
The Charities Secretaries Conference	Sept	2 days	Ivy Teng
Management of Family Violence (Introduction)	Sept	3 days	Serene Tan
National Family Violence Networking Symposium 2009	Oct	1 day	Terence Yow Lee Yoke Mey
The Art of Couple Therapy (Advanced) Workshop	Oct	2 days	Chang-Goh Song Eng
Developing an Equitable Compensation (Salary) Structure & Policy	Oct	2 days	Chan Wai Yee
NCSS Members Conference: Social Services: Perspectives for the next 10 years	Oct	half day	Ho Siew Cheong Terence Yow Joanne Fu
Understanding Cyber Wellness Issues in Youths	Oct	half day	Joanne Fu Serene Tan Jaslyn Tan
Introducing Narrative Therapy	Oct	4 days	Angeline Jayanthi
Transforming Your Workplace & Your Life	Oct	half day	Terence Yow Joe Chan Chan Wai Yee Chang-Goh Song Eng
Counselling Couples Recovering from Extra Marital Affairs	Nov	2 days	Terence Yow Chang-Goh Song Eng
MYOB Training	Nov	2 days	Chan Wai Yee
Family Conflict Resolution Training for Family Service Centres	Dec	3 days	Lee Yoke Mey
Master of Science in Family and Systemic Psychotherapy	2009-2010	2 years, part-time	Ng Ai Ling Grace Lim



REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)
Unique Entity No. S98SS0144L

ANNUAL REPORT FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2009

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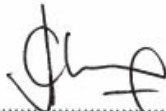
REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)

STATEMENT BY THE MANAGEMENT COMMITTEE

We, on behalf of the Management Committee, do hereby state that in our opinion, the financial statements set out on pages 3 to 13 are drawn up so as to give a true and fair view of the state of affairs of the Society as at 31 December 2009 and the results, changes in funds and cash flows of the Society for the financial year ended on that date.

The Management Committee has, on the date of this statement, authorised these financial statements for issue.

On behalf of the Management Committee

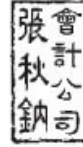


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HO SIEW CHEONG
President



.....
CHUNG BENG KWONG, CLEMENT
Honorary Treasurer

DATED: 25 FEBRUARY 2010



**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
REACH COMMUNITY SERVICES SOCIETY
Unique Entity No. S98SS0144L**

We have audited the financial statements of REACH COMMUNITY SERVICES SOCIETY, which comprise the balance sheet as at 31 December 2009, and the statement of comprehensive income, statement of changes in funds and statement of cash flows for the financial year ended on that date, and a summary of significant accounting policies and other explanatory notes, as set out on pages 3 to 13.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with the provisions of the Singapore Societies Act, Chapter 311 (the Act) and Singapore Financial Reporting Standards. This responsibility includes: devising and maintaining a system of internal accounting controls sufficient to provide a reasonable assurance that assets are safeguarded against loss from unauthorised use or disposition; transactions are properly authorised and that they are recorded as necessary to permit the preparation of true and fair income statement and balance sheet and to maintain accountability of assets; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Singapore Standards on Auditing. Those Standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgements, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a reasonable basis for our opinion.

Opinion

In our opinion:

- (a) the financial statements are properly drawn up in accordance with the provisions of the Act and Singapore Financial Reporting Standards so as to give a true and fair view of the state of affairs of the Society as at 31 December 2009 and the results, changes in funds and cash flows of the Society for the financial year ended on that date; and
- (b) the accounting and other records required by the Act to be kept by the Society have been properly kept in accordance with the provisions of the Act.

C. N. TIEW & CO.
Certified Public Accountants, Singapore

SINGAPORE, 25 FEBRUARY 2010



REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)

BALANCE SHEET AS AT 31 DECEMBER 2009

	Note	2009 S\$	2008 S\$
ASSETS			
Non-current asset			
Equipment	4	<u>12,047</u>	<u>3,561</u>
Current assets			
Deposits		581	581
Cash and cash equivalents	5	<u>1,932,789</u>	<u>1,374,072</u>
		<u>1,933,370</u>	<u>1,374,653</u>
TOTAL ASSETS		<u><u>1,945,417</u></u>	<u><u>1,378,214</u></u>
FUNDS AND LIABILITY			
Funds			
Designated fund for elderly care centre	6		150,000
Accumulated surplus		<u>1,869,268</u>	<u>1,195,063</u>
		<u>1,869,268</u>	<u>1,345,063</u>
Current liability			
Other payables	7	<u>76,149</u>	<u>33,151</u>
TOTAL FUNDS AND LIABILITY		<u><u>1,945,417</u></u>	<u><u>1,378,214</u></u>

The accompanying notes form an integral part of the financial statements.

REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)

STATEMENT OF COMPREHENSIVE INCOME
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2009

	Note	2009 S\$	2008 S\$
INCOME	8	<u>1,356,884</u>	<u>1,065,173</u>
PROGRAMME EXPENSES		(101,555)	(95,621)
STAFF COSTS	9	(675,166)	(455,515)
OTHER OPERATING EXPENSES		<u>(55,958)</u>	<u>(56,198)</u>
		<u>(832,679)</u>	<u>(607,334)</u>
SURPLUS FOR THE YEAR	10	<u>524,205</u>	<u>457,839</u>
TOTAL COMPREHENSIVE INCOME FOR THE YEAR		<u><u>524,205</u></u>	<u><u>457,839</u></u>

REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)

STATEMENT OF CHANGES IN FUNDS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2009

	Designated fund for elderly care S\$	Accumulated surplus S\$	Total S\$
Balance at 1 January 2009	150,000	1,195,063	1,345,063
Transfers between reserves	(150,000)	150,000	-
Total comprehensive income for the year	-	524,205	524,205
Balance at 31 December 2009	<u>-</u>	<u>1,869,268</u>	<u>1,869,268</u>

	Designated fund for elderly care S\$	Accumulated surplus S\$	Total S\$
Balance at 1 January 2008	150,000	737,224	887,224
Total comprehensive income for the year	-	457,839	457,839
Balance at 31 December 2008	<u>150,000</u>	<u>1,195,063</u>	<u>1,345,063</u>

The accompanying notes form an integral part of the financial statements.



REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)

STATEMENT OF CASH FLOWS
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2009

	Note	2009 S\$	2008 S\$
CASH FLOWS FROM OPERATING ACTIVITIES			
Surplus for the year		524,205	457,839
Adjustments for:			
Depreciation charges	4	6,180	6,389
Interest income	8	(4,842)	(8,492)
Operating cash flows before movements in working capital		525,543	455,736
Other payables		42,998	(21,742)
Net Cash From Operating Activities		568,541	433,994
CASH FLOWS FROM INVESTING ACTIVITIES			
Interest received		4,842	8,492
Payments for purchase of equipment	4	(14,666)	(2,098)
Net Cash From/(Used In) Investing Activities		(9,824)	6,394
Net Increase in Cash and Cash Equivalents		558,717	440,388
CASH AND CASH EQUIVALENTS			
Opening balance		1,374,072	933,684
Closing balance	5	1,932,789	1,374,072

The accompanying notes form an integral part of the financial statements.

REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)

NOTES TO THE FINANCIAL STATEMENTS, 31 DECEMBER 2009

These notes form an integral part of and should be read in conjunction with the accompanying financial statements:

1. GENERAL

The financial statements were authorised for issue by the Management Committee on 25 February 2010.

The Society is registered and domiciled in the Republic of Singapore. The registered office is located 355, Tanglin Road, Singapore 247960. The principal place of operations is located at 187, Bishan Street 13, #01-475, Singapore 570187.

2. SIGNIFICANT ACCOUNTING POLICIES

2.1 Basis of preparation

The financial statements are prepared in accordance with Singapore Financial Reporting Standards (FRS).

The financial statements are prepared in accordance with the historical cost convention, except as disclosed in the accounting policies below.

The preparation of financial statements in conformity with FRS requires management to make judgements, estimates and assumptions that affect the application of policies and reported amounts of assets, liabilities, income and expenses. The estimates and associated assumptions are based on historical experience and various other factors that are believed to be reasonable under the circumstances, the results of which form the basis of making judgements about carrying amounts of assets and liabilities that are not readily apparent from other sources.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised, if the revision only affects that period, or in the period of the revision and future periods, if the revision affects both current and future periods.

There are no areas involving higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements.

The adoption of the following new or revised FRS that is applicable in the current financial year and relevant to the Society does not have material impact on the accounting policies and figures presented in the financial statements for the financial year ended 31 December 2009:

- FRS 1 Presentation of Financial Statements
- FRS 7 Statement of Cash Flows
- FRS 10 Events After the Reporting Date
- FRS 16 Property, Plant and Equipment
- FRS 19 Employee Benefits
- FRS 36 Impairment of Assets

The principal effects of these changes are as follows:

FRS 1 Presentation of Financial Statements – Revised presentation

The revised FRS 1 separates owner and non-owner changes in equity. The statement of changes in funds includes only details of transactions with owners, with all non-owner changes in funds presented in the statement of comprehensive income which presents income and expense recognised in the period. This statement may be presented in one single statement; or two linked statements. The Society has elected to present this statement as one single statement.



REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)

NOTES TO THE FINANCIAL STATEMENTS, 31 DECEMBER 2009

2. SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

2.1 Basis of preparation (continued)

The Society has not applied any new or revised FRS or interpretations that have been issued as of the balance sheet date but are not yet effective. The initial application of these standards and interpretations are not expected to have any material impact on the Society's financial statements. The Society has not considered the impact of the accounting standards issued after the balance sheet date.

2.2 Functional and presentation currency

Items included in the financial statements of the Society are measured using the currency of the primary economic environment in which the Society operates (functional currency). The financial statements are presented in Singapore Dollars (S\$), which is the Society's functional currency.

2.3 Equipment

Equipment is stated at cost less accumulated depreciation and accumulated impairment losses, if any. Depreciation is calculated on a straight-line basis so as to write-off the cost of the assets over their estimated useful lives, as follows:

	Number of years
Computers	3
Furniture, fittings and office equipment	5
Renovation	3

The residual values and useful lives of equipment are reviewed, and adjusted as appropriate, at each balance sheet date.

Subsequent expenditure relating to equipment that has already been recognised is added to the carrying amount of the asset when it is probable that future economic benefits, in excess of the standard of performance of the asset before the expenditure was made, will flow to the Society and the cost can be reliably measured. Other subsequent expenditure is recognised as an expense during the financial year in which it is incurred.

On disposal of an item of equipment, the difference between the net disposal proceeds and its carrying amount is taken to the income statement.

2.4 Financial assets

Financial assets within the scope of FRS 39 are classified as loans and receivables. Loans and receivables include "trade and other receivables" and "cash and cash equivalents".

Financial assets are recognised on the balance sheet when, and only when, the Society becomes a party to the contractual provisions of the financial instrument.

When financial assets are recognised initially, they are measured at fair value, plus directly attributable transactions costs. The Society determines the classification of its financial assets after initial recognition and, where allowed and appropriate, re-evaluates this designation at each financial year-end.

Non-derivative financial assets with fixed or determinable payments that are not quoted in an active market are classified as loans and receivables. Such assets are carried at amortised cost using the effective interest method. Gains and losses are recognised in the income statement when the loans and receivables are derecognised or impaired, as well as through the amortisation process.

REACH COMMUNITY SERVICES SOCIETY
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NOTES TO THE FINANCIAL STATEMENTS, 31 DECEMBER 2009

2. SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

2.4 Financial assets (continued)

The Society assesses at each balance sheet date whether there is objective evidence that a financial asset or a group of financial assets is impaired. Impairment losses are recognised in the income statement.

A financial asset is derecognised when the contractual right to receive cash flows from the asset has expired. On derecognition of a financial asset in its entirety, the difference between the carrying amount and the sum of the consideration received and any cumulative gain or loss that has been recognised directly in equity is recognised in the income statement.

2.5 Cash and cash equivalents

Cash and cash equivalents comprise cash in hand, cash at banks and unpledged fixed deposits.

2.6 Financial liabilities

The Society classifies its financial liabilities in the following categories: (a) financial liabilities at fair value through profit or loss; and (b) financial liabilities at amortised cost.

Financial liabilities are classified as financial liabilities at fair value through profit or loss if they are incurred for the purpose of short-term repurchasing (held for trading) or designated by management on initial recognition (designated under the fair value option). The Society does not have any financial liabilities classified at fair value through profit or loss at the end of the financial year.

Financial liabilities are recognised on the balance sheet when, and only when, the Company becomes a party to the contractual provisions of the financial instrument.

Financial liabilities are recognised initially at fair value, plus, in the case of financial liabilities other than derivatives, directly attributable transactions costs.

Subsequent to initial recognition, all financial liabilities are measured at amortised cost using the effective interest rate method, except for derivatives, which are measured at fair value.

A financial liability is derecognised when the obligation under the liability is extinguished. For financial liabilities other than derivatives, gains and losses are recognised in the income statement when the liabilities are derecognised in the income statement. Net gains or losses on derivatives include exchange differences.

2.7 Payables

Payables are initially measured at fair value and are subsequently measured at amortised cost using the effective interest rate method.

The carrying amounts of current payables are assumed to approximate their fair values at the reporting date.

2.8 Revenue recognition

Donations, including offerings, pledges, and other charitable contributions are recognised when received.

Interest income is recognised on a time proportion basis using the effective interest rate.



REACH COMMUNITY SERVICES SOCIETY
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NOTES TO THE FINANCIAL STATEMENTS, 31 DECEMBER 2009

2. SIGNIFICANT ACCOUNTING POLICIES (CONTINUED)

2.8 Revenue recognition (continued)

Revenue from rendering of services is recognised when services are rendered.

2.9 Government grants

Government grants are recognised in the income statement on a systematic and rational basis over the periods necessary to match them with related costs. They are recognised when there is reasonable assurance that the Society will comply with the conditions attached to it and that the grants will be received. Grants related to income are deducted in reporting the related expenses in the income statement. Grants related to assets, including non-monetary grants at fair value, are presented in the balance sheet either by setting up the grant as deferred income or by deducting the grant in arriving at the carrying amount of the asset.

2.10 Impairment of non-financial assets

Equipment is reviewed for impairment whenever there is any indication that these assets may be impaired. If any such indication exists, the recoverable amount (i.e. higher of the cash-generating unit's fair value less cost to sell and value in use) of the asset is estimated to determine the amount of the impairment loss.

For the purpose of impairment testing of these assets, recoverable amount is determined on an individual asset basis unless the asset does not generate cash flows that are largely independent of those from other assets. If this is the case, recoverable amount is determined for the cash-generating unit to which the asset belongs to. If the recoverable amount of the asset (or cash-generating unit) is estimated to be less than its carrying amount, the carrying amount of the asset (or cash-generating unit) is reduced to its recoverable amount. The impairment loss is recognised in the income statement unless the asset is carried at revalued amount, in which case, such impairment loss is treated as a revaluation reserve.

An impairment loss for an asset is reversed if, and only if, there has been a change in the estimates used to determine the asset's recoverable amount since the last impairment loss was recognised. The carrying amount of an asset is increased to its revised recoverable amount, provided that this amount does not exceed the carrying amount that would have been determined (net of amortisation or depreciation) had no impairment loss been recognised for the asset in prior years. A reversal of impairment loss for an asset is recognised in the income statement, unless the asset is carried at revalued amount, in which case, such reversal is treated as a revaluation increase.

2.11 Operating leases

Leases of assets in which a significant portion of the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases are taken to the income statement on a straight-line basis over the period of the lease.

2.12 Employee benefits

As required by law, the Society makes contributions to the Central Provident Fund (CPF). CPF contributions are recognised as compensation expenses in the same period as employment that gives rise to the contributions.

2.13 Taxation

The Society is a registered charity under the Charities Act and is exempted from income tax under the Singapore Income Tax Act, Chapter 134.

REACH COMMUNITY SERVICES SOCIETY
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NOTES TO THE FINANCIAL STATEMENTS, 31 DECEMBER 2009

3. PRINCIPAL ACTIVITIES

The principal activities of the Society are to initiate, assist and organise activities and schemes of social and community activities for individuals and families for the development of their physical, mental and emotional well being.

4. EQUIPMENT

	Computers	Furniture, fittings and office equipment	Renovation	Total
	S\$	S\$	S\$	S\$
Cost				
At 1 January 2009	53,000	100,586	300,645	454,231
Addition	5,597	9,069	-	14,666
At 31 December 2009	<u>58,597</u>	<u>109,655</u>	<u>300,645</u>	<u>468,897</u>
Accumulated depreciation				
At 1 January 2009	52,689	97,337	300,644	450,670
Charges for the year	2,129	4,051	-	6,180
At 31 December 2009	<u>54,818</u>	<u>101,388</u>	<u>300,644</u>	<u>456,850</u>
Carrying amount				
At 31 December 2009	<u>3,779</u>	<u>8,267</u>	<u>1</u>	<u>12,047</u>

	Computers	Furniture, fittings and office equipment	Renovation	Total
	S\$	S\$	S\$	S\$
Cost				
At 1 January 2008	53,000	98,488	300,645	452,133
Addition	-	2,098	-	2,098
At 31 December 2008	<u>53,000</u>	<u>100,586</u>	<u>300,645</u>	<u>454,231</u>
Accumulated depreciation				
At 1 January 2008	52,389	91,248	300,644	444,281
Charges for the year	300	6,089	-	6,389
At 31 December 2008	<u>52,689</u>	<u>97,337</u>	<u>300,644</u>	<u>450,670</u>
Carrying amount				
At 31 December 2008	<u>311</u>	<u>3,249</u>	<u>1</u>	<u>3,561</u>



REACH COMMUNITY SERVICES SOCIETY
(Registered in the Republic of Singapore under the Societies Act, Chapter 311)

NOTES TO THE FINANCIAL STATEMENTS, 31 DECEMBER 2009

5. CASH AND CASH EQUIVALENTS

	2009	2008
	S\$	S\$
Cash and bank balances	1,127,922	1,070,220
Fixed deposits	804,867	303,852
	1,932,789	1,374,072

The effective interest rates of the fixed deposits ranged from 0.15% to 0.55% (2008: 0.65% to 1.7%) per annum at the balance sheet date.

The maturity periods of the fixed deposits ranged from 1 to 5 (2008: 1) months from the balance sheet date.

6. DESIGNATED FUND FOR ELDERLY CARE CENTRE

The Fund is to provide for the capital outlay required for the proposed setting up of Elderly Care Centre. As the Society has no plan to develop an elderly care centre, the Management Committee has unanimously resolved to re-designate this fund to general reserve.

7. OTHER PAYABLES

	2009	2008
	S\$	S\$
Accruals	76,149	32,881
Sundry payables	-	270
	76,149	33,151

8. INCOME

	2009	2008
	S\$	S\$
Church subsidy	150,000	-
Donations - others	43,990	15,378
Donations - tax exempt donations	141,942	167,065
Funding - MCYS/NCSS/Toteboard/ComChest	854,270	705,499
Funding - NYC	3,442	-
Interest income	4,842	8,492
Programme revenue	78,550	166,669
Government grants	55,316	-
REACH bursary programme	24,000	-
Sundry income	532	2,070
	1,356,884	1,065,173

REACH COMMUNITY SERVICES SOCIETY
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NOTES TO THE FINANCIAL STATEMENTS, 31 DECEMBER 2009

9. STAFF COSTS

	2009	2008
	S\$	S\$
Salaries and related remuneration	580,360	392,402
CPF contributions	73,751	56,041
Other staff costs	21,055	7,072
	675,166	455,515
	2009	2008
Number of key executive drawn:		
between S\$50,000 to S\$100,000	1	1
more than \$100,000	-	-
	-	-

10. SURPLUS FOR THE YEAR

	2009	2008
	S\$	S\$
This is determined after charging:		
Rental of equipment	2,301	1,840
Rental of premises	8,189	8,189
	8,189	8,189

11. OPERATING LEASE COMMITMENTS

At the balance sheet date, the Society had the following future minimum lease payments under non-cancellable operating leases in respect of rental of the office equipment:

	2009	2008
	S\$	S\$
Payable not later than 1 year	2,160	2,160
Payable later than 1 year but not later than 5 years	8,620	10,780
	10,780	12,940

12. FINANCIAL INSTRUMENTS

Categories of financial instruments

The financial instruments as at the balance sheet date were:

	2009	2008
	S\$	S\$
Financial assets, loans and receivables	1,933,370	1,374,653
Financial liabilities, at amortised cost	76,149	33,151



REACH COMMUNITY SERVICES SOCIETY
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NOTES TO THE FINANCIAL STATEMENTS, 31 DECEMBER 2009

12. FINANCIAL INSTRUMENTS (CONTINUED)

Financial risk management

The main risks arising from the Society's financial instruments are liquidity risk, interest rate risk and credit risk. The policies for managing each of these risks are summarised as follows:

12.1 Liquidity risk

The Management Committee exercises prudent liquidity and cash flow risk management policy and aims at maintaining a high level of cash and cash equivalents at all times.

12.2 Interest rate risk

The Society's income and operating cash flows are substantially independent of changes in market interest rates. The Society's exposure to risk for changes in interest rates relates primarily to its fixed deposits. At balance sheet date, if fixed deposit rate increased/decreased by 10 (2008: 10) basis points, with all other variables being constant, the surplus of the Society will be increased/decreased by S\$805 (2008: S\$304).

12.3 Credit risk

The Society has minimal exposure to credit risks due to the nature of its activities. The Society does not hold any collateral. Bank deposits that are neither past due nor impaired are mainly deposits with banks licensed by the Monetary Authority of Singapore. Deposits that are neither past due nor impaired are for services renewed/continued after the balance sheet date.

13. RESERVES POLICY

The Society's reserves position at the balance sheet date were as follows:

	2009	2008	Increase / (Decrease)
	S\$	S\$	
Unrestricted Funds	1,869,268	1,195,063	56.42%
Restricted/Designated Funds:			
- Elderly care centre	-	150,000	-100.00%
Total Funds	<u>1,869,268</u>	<u>1,345,063</u>	
Ratio of reserves to annual operating expenditure	<u>2.31</u>	<u>1.97</u>	

The reserves that the Society has set aside provide financial stability and the means for the development of its principal activities. The Society intends to maintain its reserves at a level which is at least equivalent to 2 to 4 years of its annual operating expenditure. The principal sources of income are derived mainly from Tote board/MCYS/NCSS/ComChest (63%), donation and other income (31%) and programmes revenue (6%). Thus, a reserve level that can sustain the continual operations of the Society for a period of 2 to 4 years will give ample time for the Management Committee to develop fund raising strategies to achieve financial stability.

The Management Committee will review the amount of reserves that are required to ensure that they are adequate to fulfil the Society continuing obligations on a yearly basis, in tandem with the yearly budget exercise.

REACH COMMUNITY SERVICES SOCIETY
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**DETAILED INCOME AND EXPENDITURE ACCOUNT
FOR THE FINANCIAL YEAR ENDED 31 DECEMBER 2009**

	2009	2008
	S\$	S\$
INCOME		
Church subsidy	150,000	-
Donations - others	43,990	15,378
Donations - tax exempt donations	141,942	167,065
Funding	857,712	705,499
Government grants	55,316	-
Interest income	4,842	8,492
Programme revenue	78,550	166,669
REACH bursary programme	24,000	-
Sundry income	532	2,070
	<u>1,356,884</u>	<u>1,065,173</u>
Less:		
OPERATING EXPENSES		
Programme expenses	<u>101,555</u>	<u>95,621</u>
Staff costs		
CPF contributions	73,751	56,041
Medical and dental expenses	1,324	1,152
SDL contributions	1,384	358
Staff salaries and bonuses	580,360	392,402
Staff training and welfare	18,347	5,562
	<u>675,166</u>	<u>455,515</u>
Other operating expenses		
Bank charges	467	464
Depreciation charges	6,180	6,389
Insurance	4,625	3,847
Miscellaneous expenses	1,048	4,804
Newspaper and periodicals	314	255
Postage, courier, printing and stationery	5,717	5,335
Professional fees	2,560	2,546
Rental of equipment	2,301	1,840
Rental of premises	8,189	8,189
Repairs and maintenance	854	4,198
Resource and decoration materials	2,035	977
Subscriptions	-	140
Telecommunications	6,158	4,824
Transport and travelling	1,313	353
Volunteers' development and appreciation	5,170	1,658
Water and electricity	9,027	10,379
	<u>55,958</u>	<u>56,198</u>
	<u>832,679</u>	<u>607,334</u>
SURPLUS FOR THE YEAR	<u>524,205</u>	<u>457,839</u>

This schedule does not form part of the financial statements.





APPRECIATION

The Management & Staff would like to thank our supporters and donors for their faithful financial support towards our work at RCSS:

Community Chest of Singapore
Ministry of Community Development, Youths and Sports
National Council of Social Service
Singapore Totalisator Board
Grace Assembly of God
GIRO donors and other individual donors



We would also like to thank our community partners for their collaboration in our services:

Bishan East Citizen Consultative Committee, Community Club & Residents' Committees
Bishan North Citizen Consultative Committee, Community Club & Residents' Committees
Bishan Neighborhood Police Centre
Bishan-Toa Payoh Town Council
Central Singapore Community Development Council
Data Terminator Pte Ltd
Dotbox Pte Ltd
Geylang West T-Club
Health Promotion Board
Housing & Development Board (Bishan Branch Office)
Jericho Youth Centre
National Youth Council
Pere Ocean
Republic Polytechnic
NUS Alumni Dragonboat Team
Singapore Press Holdings
Tanglin Police Division
Teen Challenge Dare Centre
The Helping Hand
Thomson Citizen Consultative Committee, Community Club & Residents' Committees

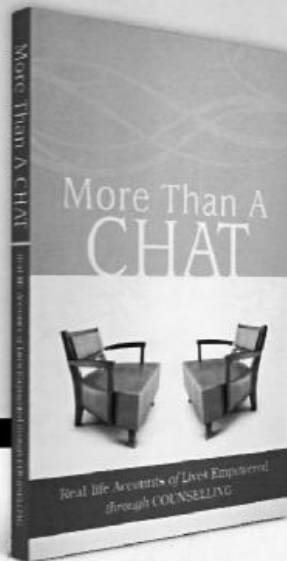


Last but not least, we would like to thank all our volunteers & friends, for sharing their time, talents and helping us in one way or another at REACH FSC & REACH Counselling!

NEW RELEASE 2009

More Than A CHAT

Real-life Accounts of Lives Empowered
through COUNSELLING



More Than a Chat invites you to not only view, but experience the little-known inside world of counselling for a more accurate picture of what counselling is all about.

The ten stories reflect a dedicated attempt to reflect the professional aspects of counselling alongside the personal human touch of the counsellor. Counselling is not one devoid of the other — that is, it is neither a purely professional endeavour nor simply a caring heart, as is commonly misunderstood. It is a sensitive, respectful intentional weaving of the counsellor's professional training and the use of self to facilitate healing and change.

Counselling is certainly more than a chat. This is a well-timed message as counselling gains greater recognition as a profession in Singapore and as our people become more open to seek counselling for their myriad woes in life.

About REACH Family Service Centre

REACH Family Service Centre (FSC) was set up by REACH Community Service Society (RCSS) in 1999. REACH FSC is a voluntary welfare organisation supported by the Ministry of Community Development, Youth & Sports and the National Council of Social Service. Its vision is "Reaching Hearts, Reaching Lives."

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REACH
Family Service Centre



10th
anniversary



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